

***Amazing Healing Power!  
Revolutionary Discoveries!***

**IONS  
&  
INFRARED RAYS**

***EXPERIENCE A HIGH TECH NEGATIVE ION  
AND INFRARED TREATMENT SYSTEM***

# IONS & INFRARED RAYS

*Amazing Healing Power!*

## CHAPTER 1

### NEGATIVE $\ominus$ ION IS FOUND ONLY IN CLEAN AIR

In order to have a healthy life in our modern day society, we cannot ignore the effects of "IONS". There are many IONS in the air we breathe, and the percentage and number of POSITIVE IONS and NEGATIVE IONS change depending on the time and place. An ION is a particle which has electricity. An ATOM is the smallest particle that exists in the composition of any material. It is the basic element of the nucleus. IONS are being made in the air we breathe so fast that 10 to 20 IONS per cubic centimeter are being made each second. There are 200 to 500 IONS in 1 cubic centimeter of ordinary outdoor clean air, and 100 to 200 IONS in 1 cubic centimeter of clean indoor air.

### BENEFITS of $\ominus$ ION HEALTH TREATMENT

Many studies of the relationship of the ION (especially the  $\ominus$  ION) to our health have been made by professional researchers who agreed that our health is dependent on the amount and quality of IONS in the air.

On the subject, the world famous A.D. Moore ( a Professor at Michigan University) stated the following:

- Most people agree that if we can control the amount of IONS in our everyday life, it will have a positive effect on our health.
- Breathing air with a certain type of ION can be helpful as a medical treatment such as healing a wound.

In this way, an ION helps improve our health, and the  $\ominus$  ION performs an especially important role.

## REASONS OUR HEALTH IS IMPROVED

As you may already know, the ION does play a very important role in keeping us healthy, and the  $\ominus$  ION is the major health benefactor. O IONS are found everywhere in the air and are a major element that provides energy to the human body.

The human body consists of billions of cells, and each is enclosed by a cell wall. This cell wall performs many important roles, and one of these are to absorb nutrition and eliminate waste material.

The function of the entire cell (including the cell wall) will be normal if there are enough  $\ominus$  IONS within the cell and the  $\ominus$  IONS outside the cell.

The reverse will be true if there is a lack of O IONS and too many POSITIVE IONS within a cell; thus, absorption of nutrition and elimination of waste material will not be done effectively. Therefore, it can cause adult diseases like hypertension, arteriosclerosis, cerebral apoplexy and cancer.

Other afflictions caused by an improper number of IONS in the body include anemia, allergies, infirmity, climacteric trouble, shoulder pain, lumbago, rheumatism, neuralgia, and headaches. Additionally, habitual constipation, gastroenteritis, hepatitis, kidney trouble, unbalanced autonomic nerve, insomnia and can even detract from our appearance. Too few  $\ominus$  IONS in our body can cause many diseases and have a dangerous effect on our health.

## HOW DOES O IONS MAKE US HEALTHIER

### THE PURIFICATION OF OUR BLOOD

Through research done by Dr Tanaka in Japan it was discovered that when  $\ominus$  IONIZATION is introduced the IONS in calcium and sodium (salt) in the blood increases, and the blood is purified by increasing blood alkaline.

### REVIVING THE CELL

When the amount of  $\ominus$  IONS in the blood is increased, the function of a cell is activated. The electrical material exchange speeds up the cell function and as a result, nutrition is fully absorbed by the cell and waste material is eliminated. Metabolism is increased and the function of the cell is gradually revived.

### INCREASES IMMUNITY

As the amount of  $\ominus$  IONS increases, the GAMMA GLOBULIN in the blood increases resulting in blood rich in protein and antibodies.

### THE CONTROL FUNCTION OF THE AUTONOMIC NERVOUS SYSTEM

Dr. Tanaka found that  $\ominus$  IONS control the Balance in the AUTONOMIC NERVOUS SYSTEM between the insulin and adrenal functions. This provides strong resistance to diseases.

## USING SYNTHETIC FABRICS

### THE CALCIUM IN OUR BLOOD DECREASES

When we wear synthetic fabrics, the calcium in our blood discharges in our urine. As a result, our blood becomes acidified and neurosis (a nerve disorder) may occur causing a tired feeling. Synthetic fabrics decrease  $\Theta$  IONS.

### THE BLOOD SUGAR LEVELS INCREASES

When we wear synthetic fabrics,  $\Theta$  IONS are decreased and the amount of glucose in our blood increases. Usually, the blood sugar level of a human being is 200 mg per 100 cubic centimeter which is automatically controlled by the body. If the control function changes, then the blood sugar level may increase or decrease abnormally which can cause various symptoms. A typical disease when the blood sugar level increases severely is diabetes. Many professionals think that a reason for the current increase of this disease may be caused by the use of synthetic fabrics.

### THE AMOUNT OF VITAMIN 'C' IN SERUM DECREASES

Wearing synthetic fabrics decreases the amount of VITAMIN C in serum (liquid component of blood) abnormally. As a result, the resistance of our body is weakened causing stress. VITAMIN C deficiency is also caused by eating too many fast foods or too few fruits and green and yellow vegetables.

### $\Theta$ IONS AND OUR HEALTH

A recent newspaper article reported that a pregnant woman developed eczema (itching skin inflammation) because she often came in contact with an internal concrete wall which was near her bed. Living in this recently built concrete apartment building may also place her in a high risk category for miscarriage.

The ideal amount of  $\Theta$  IONS for our health is 400 to 1,000 per cubic centimeter of air. These numbers seem to be decreasing everywhere because of the concrete jungle we live in. Because of this we are experiencing serious effects, such as, headaches, insomnia and fatigue of our body and mind.

## THE RELATIONSHIP BETWEEN SLEEPING AND THE $\Theta$ ION

THE DEVELOPMENT OF A PRODUCT THAT ARTIFICIALLY PRODUCES  $\Theta$  IONS has been incorporated into the production of a mattress that provides the benefits previously found only in the air. A bedding product that has a pleasant heat producing method of passing on the  $\Theta$  IONS to the body is found in the BIO-MAT product which will give you a refreshed feeling all day after a sound nights sleep on it.

### BECOME HEALTHY WHILE YOU SLEEP (THE USER OF A BIO-MAT)

$\Theta$  IONS will make your mind and body feel healthy. The 24 hour cycle we repeat daily of rising with the sun and going to bed at sundown develops a body rhythm. If this cycle is changed then we are thrown out of rhythm and do not sleep well. Our sleeping cycle

has 4 different levels of depth of sleep. There is a repetition of these levels 4 to 5 times during the night until we awake 7 to 8 hours later.

#### A GOOD NIGHTS SLEEP

Recently electronic engineers developed a  $\Theta$  ION producing mattress. The famous Japanese Dr. Tanaka first developed an electronic  $\Theta$  ION medical treatment device. This proved to be a very convenient way of supplying the necessary amount of  $\Theta$  IONS for our body without having to depend on those we receive from the air. In addition, this device can provide the necessary  $\Theta$  IONS in a short period of time. It also gives a variety of pleasant effects such as:

#### THE CONTROL OF THE AUTONOMIC NERVOUS SYSTEM

This system controls the internal secretion of hormones that regulate the human body. There is a sympathetic nervous system that increases the energy of the human body. It acts to stabilize and keep these two systems in balance.

#### THE VITALIZATION OF CELL METABOLISM

A living cell exchanges nutrition and waste material through cell walls. When  $\Theta$  IONS increases, the material exchange is slowed. If  $\Theta$  IONS are provided, this function is returned to its normal status. In this way, the  $\Theta$  IONS vitalize the metabolism of the tissue.

#### THE PARALYSIS SYMPTOM IS EASED

Slight shoulder sclerosis, an occupational disease, causes paralysis of the fingers, arm and shoulder. If the symptoms of this dreaded disease continue, the entire body becomes paralyzed. The cause has not yet been discovered. However, it has been reported that these symptoms were relieved within 90 days when a  $\Theta$  ION treatment was used.

#### RELIEF OF PAIN

According to the clinical research report of Dr. Nagamo of Kumamoto Civil Hospital and Dr. Maiyama of Kyoto Hospital in Japan's Pain Research Institute, the pain relieving efficiency of the  $\Theta$  ION has been acknowledged through its notable effect on numerous headache and neuralgia test cases.

#### WHEN $\Theta$ IONS ARE INCREASED

Although we may know that the  $\Theta$  ION is good for our health, the problem is that we cannot all live in the forest, in the field or by a mountain or the sea where the  $\Theta$  IONS are available in abundance. Additionally, if we absorb the  $\Theta$  IONS from the air, the efficiency is very low. The absorption rate is only 15~20%. For example, in a hot spring which usually has a high  $\Theta$  ION density of 2000, the absorbed  $\Theta$  IONS would only be 300 to 400.

Therefore, using a  $\Theta$  ION treatment such as the BIO-MAT is a much more effective and desirable way for modern health management. By using a  $\Theta$  ION treatment while

sleeping, surprising effects can be expected by those experiencing loss of appetite, lack of stamina or lack of energy.

## THE HEALING EFFECTS OF $\Theta$ IONS

### RESEARCH OF DR. TAKADA

There are a variety of theories that have come from research by Dr. Takada, Toho University authority on  $\Theta$  ION treatment. These theories have become classics, not only in Japan, but world-wide.

During his research on the IONIZATION PHENOMENON, Dr. Takada realized that a  $\Theta$  ION loading had good effects on the physiological function of a living body.

### THE CLASS OF PHARMACOLOGY AT JOCHI MEDICAL UNIVERSITY

Clinical research at a Tokyo Dental College Hospital sponsored by the Japan Red Cross in Shinjuku:  $\Theta$  IONS have a positive effect in the control of the nervous system in the relief of tension. It showed that the results were good, in a short period of time, with regard to headache and neurasthenia relief.

### IN THE MEDICAL SCIENCE CLASS AT DAEPAN MUNICIPAL UNIVERSITY

At the Public Hygiene Class at Shinsa University, clinical research showed the following: most people experienced good effects in relation to their internal organs after a few weeks usage. The stomach showed the fastest effects and the function of the liver was improved which counteracts many poisons.

Another result was the elimination of constipation and stomach pain, as well as a fast recovery from fatigue.

### INSTITUTE REPORTS OF DR. KOUDO MICHIO

Dr. Koudo Michio reported that symptoms of paralysis had been dramatically reduced after supplying  $\Theta$  IONS for 30 days. After 90 days of treatment, the patient had recovered completely. Dr. Koudo Michio said that the  $\Theta$  ION treatment is very effective for light shoulder sclerosis, as well as, symptoms of paralysis in fingers, arms and the whole body due to occupational effects experienced by the nervous system.

### THE CLINICAL RESEARCH REPORT OF DR. NAGAO KATSHARU

In Kumamoto Hospital Japan, Dr. Nagayama of the Kyoto Pain Research Institute found the pain relieving efficiency of the  $\Theta$  ION had a notable effect on most headache and neuralgia cases.

ADDITIONAL REPORTS FROM GERMANY STATED THAT DR. SHERES AND DR. KO KYO YANG MYUNG found that a lack of  $\Theta$  IONS can cause mental problems, such as neurasthenia, neurosis and loss of memory.

## **CHAPTER 2**

### **LONG WAVE INFRARED RAYS**

From past experience, we have learned that LONG WAVE INFRARED RAYS are beneficial; however, we did not understand the principals of LONG WAVE INFRARED RAYS. The secret of placing a warm tile on our stomach and rubbing it when we had pain; the nice relaxed feeling we have after sleeping in a warm bed made of yellow mud, the good flavor of charcoal or a natural stone barbecue gives food; and the healing of diseases by a clay sauna are all the results of the utilization of LONG WAVE INFRARED RAYS.

#### **UNDERSTANDING LONG WAVE INFRARED RAYS**

During research of the heat effect of the seven colors, it was found that the temperature rises when the color is changed from purple toward red and even without color after passing red. The light (with a strong heat function) was named LONG WAVE INFRARED RAYS. The INFRARED RAY is an electronic wave which is a sort of energy wave and is a light within the wave length level of 0.761 ~ 1,000 micron. According to its wave length, 0,76 ~ 1.5 micron is a SHORT WAVE INFRARED RAY, 1.5 ~ 5.6 micron is a MIDDLE WAVE INFRARED RAY, and 5.6 ~ 1,000 micron is a LONG WAVE INFRARED RAY which is the most useful INFRARED RAY in our daily living. (Micron is a 1M of one million)

#### **THE FUNCTION OF LONG WAVE INFRARED RAYS**

LONG WAVE INFRARED RAYS have three characteristics.

##### **RADIATION**

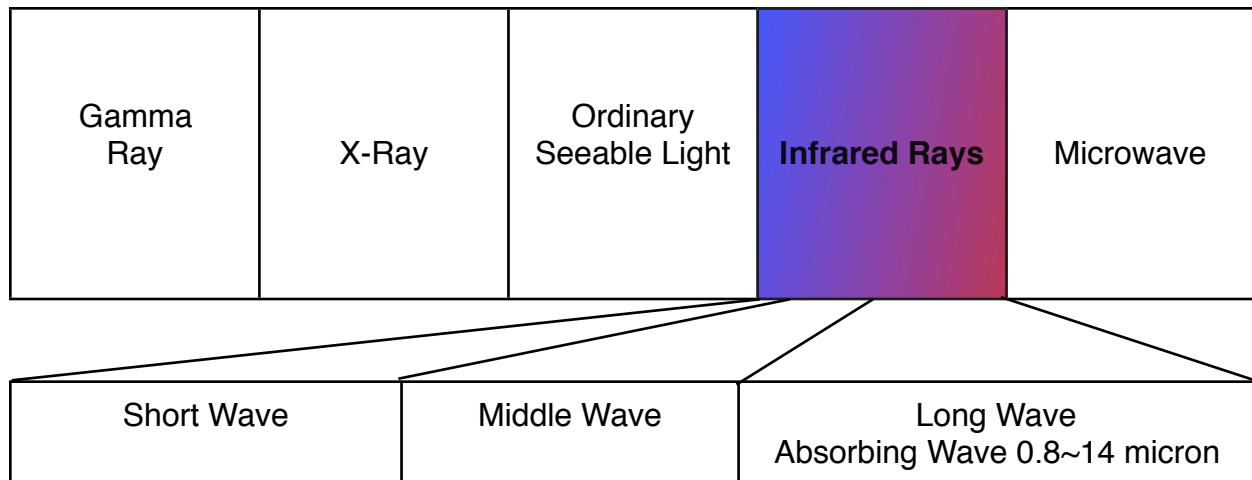
Radiation is one of the general characteristics of light and this means that light reaches an object without using the air. For example, the sun's light reaches the earth through the vacuum of space by radiation.

##### **DEEP IMPACT POWER**

The second characteristic is the deep impact power. Different from ordinary light beams and short wave infrared rays, LONG WAVE INFRARED RAYS can penetrate deeply. Because of this, it can warm our body from the inside out and stimulate our system.

##### **RESONANCE & ABSORPTION**

This third characteristic can be explained by a example of touching a large bell with a single finger. A bell has an inherent number of vibrations when it is touched or struck. When the bell is struck at a regular interval it causes vibrations and it begins to move. WHEN the energy used to activate the bell is increased, the vibrations between molecules strengthens and the electronic energy increases.



## THE EFFECT OF LONG WAVE INFRARED RAYS ON AN ORGANISM

Think about this in relationship to our body. Our body consists of over 80% water and a variety of other materials, such as, proteins, hormones, enzymes, and nerve tissue which all play an important role. LONG WAVE INFRARED RAYS not only warm our bodies, but they stimulate various bodily functions. They can make our bodies feel fully changed. When LONG WAVE INFRARED RAYS are beamed into the body, they are absorbed by the body and they resonate through it, similar to the sound and energy waves of the bell when it is struck.

### WHAT IS AN ORGANISM?

An organism is an organic compound that we call a living body. When the shape, composition and movement of this body is studied we arrive at a biological evaluation. When we further study the movement of molecules within a cell to discover the characteristics of a living body, this is called CYTOLOGY or MICROBIOLOGY.

### WHAT IS A LIVING BODY?

Through chemical analysis of a living body we find it is composed of carbon, oxygen, hydrogen, potassium, nitrogen, phosphorus, and other basic elements which cannot be seen. Is it possible to make a living body by putting all of these elements in a test tube and heat it to 36.5 degrees C / 98.6 degrees F?

### LONG WAVE INFRARED RAYS PENETRATE OUR SKIN

Perspiration is directly related to body temperature. The LONG WAVE INFRARED RAYS penetrate deeply into our skin and they eliminate waste materials through skin pores. They promote good blood circulation which helps cure hangovers, fatigue and arthralgia. When the body's temperature rises, perspiration begins to help control the body's temperature. The evaporation of 1 gram of water takes about 0.6 kcal of heat away; therefore, the role of perspiration is very important in cooling body temperature.

### THE FUNCTION OF LONG WAVE INFRARED RAYS



LONG WAVE INFRARED RAYS penetrate 14~15 centimeters into the body. Therefore, these rays not only benefit the muscles on the surface of the body, but all cells including blood vessels, lymph glands and nerves in the deepest parts of our body. These LONG WAVE INFRARED RAYS provide a heat source that relieves shoulder pain, lumbago and fatigue of body muscles. Moreover, perspiration helps expel unhealthy materials such as urea, nitrogen, uric acid, sodium and chlorine which causes kidney infections and other problems.

## **Chapter 3**

### **REALIZING THE BENEFITS**

Results show an improvement in the cleansing of the entire body. The absorption of LONG WAVE INFRARED RAYS by the human body begins with the elimination of carbon dioxide. All living bodies have toxins (waste material, poisons) which accumulate the body joints. Improvement in the body system is felt by some people in one day or it may take some people several months ( 2~ e months).

The different reaction times experienced between persons is explained by the fact that the health of one person can vary greatly to that of another person. Some people have a much more acidified body and have accumulated many more waste materials than others. These persons will take longer to cure and realize a noticeable change in their body.

Occasionally, these people will feel worse before they feel better because of the numerous years these waste materials have had to accumulate. There eventually will be positive evidence of improvement of the body as waste materials are eliminated from each cell. Even though this is a superior method of improving your body's health, it will take time for some diseases and rarely it can take one or two years for some serious toxic disease conditions. Most people will notice the benefit of LONG WAVE INFRARED RAYS after a 20~30 minute treatment.

Some persons with more serious muscle problems may take 2~3 days to notice improvement, and a few cases may take a week. About one out of ten people won't notice any reaction because they are blessed with excellent health and are probably young. If you take your vitamins before sleeping on the mat the effect of LONG WAVE INFRARED RAYS greatly enhance the benefits of the vitamins.

### **STAGES OF IMPROVEMENT**

Your body will experience changes as the healing process occurs. During the healing process you will experience feeling worse before your body feels better. Don't let this worry you! As toxins and waste materials are eliminated from your system as a part of the natural process.

## THE STAGES OF IMPROVEMENT OF EACH AILMENT ARE AS FOLLOWS

- When high or low blood pressure is improved, the following symptoms may be experienced:
  - dull headache pains
  - stressful feeling in the neck and shoulders
  - yawning
  - fatigue and sleepiness
- When diabetes is improved:
  - urine becomes dark
  - sweat occurs while sleeping
  - change in appetite
  - fatigue and sleepiness
- When stomach ulcer or ulcer of the intestines is improved:
  - annoying pain in the stomach
  - heavy feeling and pain in waist
- When athlete's foot is improved:
  - feeling more itchy
  - more perspiration
- When hemorrhoids are improved:
  - feeling itchy in the rectal area
- When constipation or diarrhea is improved:
  - stomach gurgling
  - frequent gas releasing
  - fatigue and sleepiness
- When inflammation of nose or Ozona is improved:
  - more drainage from nose
- When hepatitis or gastritis is improved:
  - heavy feeling and pain in the waist
  - swelling in hands and feet
  - the amount of urine increases and the color is dark
- When pyorrhea is improved:
  - almost no feeling in teeth
  - gums become very sensitive
- When eczema is improved:
  - similar symptoms of hepatitis or kidney inflammation

- When neuralgia is improved:
  - more pain temporarily
  - pain in various parts of body
- When weight is reduced:
  - sweat hard
  - the amount of urine increases and the color is dark
  - fatigue and sleepiness
- When the body's metabolism is improved:
  - whole or part of body itchy
  - the weakest part of body swells up and discoloration occurs.
  - feeling nervous
  - experiencing insomnia
- When chronic fatigue is improved:
  - similar symptoms of hepatitis or kidney inflammation

#### FOLLOW AND PAY ATTENTION TO THESE SUGGESTIONS

- Don't let fast improvement worry you. Some people respond faster than others.
- If you are currently taking medicine, continue until the symptom is improved.
- Do not judge your progress compared to others. Many factors of a disease are different in each individual and their progress will vary according to physical strength, etc.
- Continue using the LONG WAVE INFRARED RAY treatment with the belief that it will improve your health and cure or relieve any disease you may have.

#### SYMPTOMS THAT WILL BE INTENSIFIED AS YOUR HEALTH IMPROVES

- Having more pain in the area which and pain. (including neuralgia, arthritis and bruised area of former injury)
- Vomiting. (trouble of liver function)
- Having a rash on the face. (trouble with blood pressure)
- Body is swollen.
- The function of internal digestive system is adversely affected.
- Get a rough tongue. (the function of internal secretion)
- Heart beat increases. (heart disease)
- Urinate more frequently. (kidney and bladder trouble)
- Itchy. (especially in bruised area and allergic skin)
- Having general fatigue. (improvement of blood circulation)
- Hands and feet feel heavy. (trouble in circulation system)
- Bleeding nose. (hypertension)
- Suffer from diarrhea. (stomach trouble)
- Sleepy. (blood acidify)
- Feeling dizzy. (trouble in circulation system)

- Feeling languid and heavy. (blood impurity)
- Having fever. (blood pressure system)
- Sometimes have a cold sore on lip, boil, headache and cannot sleep.

The above mentioned symptoms will begin to improve, in some cases, within 2 or 3 days after treatment begins. Stronger symptoms may take longer to notice improvement and may take a week for relief to be noticeable. In the case of severe symptoms you may need to take a rest of 1 or 2 days before resuming treatment. Some symptoms may take weeks or several months to cure.

## THE HEALING POWERS OF LONG WAVE INFRARED RAYS AND NEGATIVE IONS

### WHAT IS THE BENEFIT OF THEIR EFFECTS?

- They improve our immune system (the body's defense system) providing protection against harmful viruses and bacteria.
- The improvement of the body defense system represses the increase of cancer cells by accelerating blast genesis. According to tests on animals, the increase of malignant tumors like sarcoma and melanoma were notably suppressed. Currently, more research studies are being performed on the effect of cancer prevention.
- Suppression and prevention of the effects of arteriosclerosis have been performed by stopping the formation of peroxide and adipose. A positive clinical effect was found with patients who had blood circulation troubles.
- Other diseases which showed notable improvement with this treatment included rheumatoid arthritis, paralysis, diabetes, occlusion by arteriosclerosis, rained disease and progressive hardening of the arteries.

Currently, the effect on many other diseases is being studied. In addition to the above mentioned diseases which have been proven by clinical and scientific experiences, people have given testimony that positive and surprising effects of healing were realized on other diseases, such as, insomnia, chronic lumbago, arthralgia, menstruation pain, fatigue recovery and maintenance of general health.

## THE MEDICAL TREATMENT OF LONG WAVE INFRARED RAYS AND NEGATIVE IONS

### METABOLISM

Promotes the processes of life support by which a substance is assimilated or eliminated, by the body. LONG WAVE INFRARED RAYS activate this process.

### BLOOD CIRCULATION

Pharmacologists say that improving blood circulation is very difficult. The LONG WAVE INFRARED RAYS and NEGATIVE ION treatment does promote better blood circulation which invigorates cells and eliminates waste materials and harmful fat.

## LACERATION, WOUND FROM BEING CUT

The effect of pain relief will depend on the size and degree of the wound. The healing period will be shortened and the scarring effect will be greatly reduced.

## HYPERTENSION

Hypertension and arteriosclerosis are major causes of heart disease and kidney trouble starting with middle aged people. Improved blood circulation will lower blood pressure and the autonomic nerve control system is greatly helped by the heating effect.

## LOW BLOOD PRESSURE

Symptoms of low blood pressure are frequent dizziness and fatigue. There is normally no cure except for rest and enough sleep. The heat treatment method will promote perspiration and give energy to the body returning blood pressure to normal.

## DEMENTIA, MENTAL DISEASE OF ELDERLY

It is believed that LONG WAVE INFRARED RAYS improve blood circulation and metabolism which reduce the symptoms of senility by 60%. This treatment has provided very favorable results on mental disease.

## PREVENTION OF CANCER

It is believed that every body has some cancer cells, mixed with our healthy cells, somewhere in the body. If we are in a weakened state due to overeating, or fatigue, we are susceptible to developing cancer, over time, with the accumulation of harmful food products we consume. The LONG WAVE INFRARED RAYS within the range of 40 degrees C to 50 degrees C will weaken and destroy cancer cells without harming the surrounding cells. There is data that suggests that 95% of ordinary malignant tumors die at a temperature of 43 degrees C.

## DIABETES

Diabetes is caused by metabolism problems. It is very helpful to have the LONG WAVE INFRARED RAYS cause perspiration which will ease these symptoms gradually, not immediately.

## LYMPHATIC GLAND

Bodily liquid consisting chiefly of blood plasma and white blood cells which this gland controls and balances. This affects the entire body including muscles, intestines, nerves and eliminates waste materials.

## PARALYSIS

A person who becomes partially paralyzed by a stroke. For a person who becomes paralyzed, the rehabilitation treatment is more important than medical therapy. This treatment takes a long time and the LONG WAVE INFRARED RAY treatment is very effective.

## TRAFFIC ACCIDENT VICTIM

The NEGATIVE ION treatment is very helpful for traffic accident victims who suffer from damage to their autonomic nerve system. The pain experienced by the victim is often so serious that only they can realize the degree of effect. They can get notable relief from the NEGATIVE ION treatment in balancing the autonomic nerve system.

## RHEUMATISM

Inflammation of the joint similar to arthritis which causes severe pain in joints and muscles. The warm heat and ION treatment improves blood circulation, revitalizes old tissue and promotes production of enzymes.

## CLIMACTERIC TROUBLES, CHANGE OF LIFE PROBLEMS SUCH AS MENOPAUSE

When a female reaches 45~50 years of age, she usually experiences symptoms of this disease, such as feeling cold or hot, hypochondria, dizziness, headache and are excitable or nervous. These symptoms can usually be relieved within a short period of time if they use the heat and NEGATIVE ION treatment.

## ELIMINATING STRESS

In the opinion of some people in the medical world, up to 75% of all diseases are caused by stress. Stress can be greatly reduced or eliminated by using the LONG WAVE INFRARED RAY and NEGATIVE ION treatment. By perspiring and relaxing a satisfied mental and physical feeling is experienced. Many beneficial effects include weight loss, body odor elimination, improved skin condition, elimination of harmful minerals from the body, energy replaces fatigue, various symptoms of lumbago disappear and a fresh feeling is felt.

## TESTIMONIES OF PERSONAL EXPERIENCES USING LONG WAVE INFRARED RAYS & NEGATIVE ION TREATMENTS

A paralyzed hemophilia patient was able to stand by himself after using for one month. (MM, 65 years old, Japan)

Pain from a spinal disorder was relieved. (TI, Male, 46 years old, Japan)

Mother reported her daughter overcame, in 3 days, a disease that caused bed wetting. (MS, Female, 10 years old, Japan)

A person suffering from epilepsy for 20 years reported to be much improved after using for one month. (OA, Male 26 years old Japan)

A woman suffering from hepatitis reported to be much improved after using two months. (MM, Female, 37 years old, Japan)

An elderly man reported a much improved condition of rheumatism. (NK, Male, 73 years old, Japan)

Lumbago cured. (KM, Male, 55 years old, Japan)

Overcame 20 years of chronic kidney inflammation. (TI, Female, 63 years old, Japan)

Resumed farming after healing sciatica (nerve disorder) and shoulder pain. (TO, Female 52 years old, Japan)

Improved hypertension and diabetes which enabled him to obtain insurance which had previously been denied. (KS, Male, 49 years old, Japan)

Overcome severe insomnia after using 2 year. (YI, Female, 42 years old, Japan)

Facial distortion caused by a stroke relieved. Face returned to normal features after using for 2 days, (Female, Hawaii)

Surgery due to diabetes cancelled after using 2 months. (LN, Male, 77 years old, Hawaii)

## CONCLUSIONS

After many years of research studies and test cases, it has been determined and proven that the use of LONG WAVE INFRARED RAYS and NEGATIVE IONS treatment are beneficial to our health. Many diseases are either cured or greatly improved by regular usage of this treatment method.

In addition to being beneficial to your health, "it feels good!" a pleasant warming sensation is felt in your body. It feels as if the heat is coming from the inside-out. This is basically true since the LONG WAVE INFRARED RAYS do penetrate about 6 inches into your body.

It is an economical means to good health. The electricity used is minimal and the trips you save to your doctor will keep medical expenses to a minimum. You will either be able to stop using prescriptions you now take or cut back on your medication.

It costs much less than other similar products and performs many functions some don't provide.

Recover your health and beauty.

Experience the effects of the BIO-MAT 2000MX

RichWay's BIO-MAT 2000MX gives you an energetic, revitalized feeling and completely eliminates "harmful electronic waves."

**This booklet has been compiled by present material (taken from the context ) of the research study of the records of doctors: Dr. Takaka Maku, Dr. Hatashita Toshiuki, Dr. Hirohuchi Mitchio and Dr. Ota Nobuoi of Toho University Hospital, Japan. These research records were developed over a 40 year period of time.**

# **REVOLUTIONARY DISCOVERIES**

**TINY NEGATIVE IONS ARE FLOWING IN THE AIR  
AROUND YOU AND THEY IMPROVE YOUR HEALTH  
AND MAKE YOU FEEL BETTER!**

**HEALTH EXPERTS SHOW YOU HOW IONS &  
INFRARED RAYS WORK!**

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